

STARTERS

ONION BHAGEE £4.25
Spiced onions deep fried in gram flour batter.

VEGETABLE PAKORA £4.25
Vegetables deep fried in gram flour batter.

CHICKEN 65 £4.95
Tender cuts of chicken breast coated with chilli & spices, deep fried.

CHICKEN PURI £5.50
Chicken, cooked with tomato, onion & Indian spices. Served on pancake type bread called puri.

CHICKEN PAKORA £4.75
Lightly spiced chicken breast, battered in lentil flour deep fried until golden.

CHICKEN CHILLI £4.75
Marinated golden fried chicken cooked with peppers & onion with soy sauce.



KING PRAWN POORI £5.95
King prawns, cooked with onion, tomatoes & Indian spices wrapped in a soft pancake called Puri.

MIXED VEGETABLE STARTER £4.95
A selection of vegetable samosa, vegetable pakora and onion bhagee.

HOUSE STARTER £5.95
Selection of onion bhagee, veg pakora, chicken pakora and chicken tikka.

PANJAB CHILLI SQUID £4.95
Lightly battered squid tossed in garlic & lemon juice with onion.

PANJAB HOT WINGS £4.50
Chicken wings, tossed in Panjab garlic & lemon juice with onions.



TANDOORI STARTERS

TANDOORI CHICKEN £4.95
Chicken on the bone, previously cooked in a Tandoori oven.

CHICKEN TIKKA £4.95
Cubed chicken cooked in a Tandoori oven served with salad & mint sauce.

TANDOORI MONKFISH £5.95
Monkfish marinated in light spices & cooked in the Tandoori oven.

TANDOORI PRAWNS £6.95
King Prawns marinated in herbs & light spices & cooked in a Tandoori oven.



BIRYANI DISHES

Cooked with specially selected basmati rice, herbs, spices & sultanas. All Biryani dishes are accompanied with a curry sauce.



VEGETABLE BIRYANI £9.95

CHICKEN BIRYANI £10.95

LAMB BIRYANI £11.95

CHICKEN TIKKA BIRYANI £11.95

PRawn BIRYANI £12.50

MIX BIRYANI £12.95

FAVOURITE DISHES

All main meals come with either Pilau Rice, Boiled Rice or Chips
Complimentary Poppadoms with all main courses.

KORMA

Cooked in cream, coconut, almond powder & sultanas, in a creamy sauce. - Very mild.

TIKKA MASALA

Smothered in a creamy sauce with almond, coconut & sugar.

ROGAN JOSH

Blend of Indian spices tomatoes, onions & fresh herbs in a creamy sauce.

CURRY

Cooked in medium curry sauce.

KASHMIRI

Cooked with fruits in a creamy sauce.

BHUNA

Cooked with a blend of tomatoes, onion, & fresh coriander.

DOPIAZA

Cooked with mixed Indian herbs & cubed onions.

MADRAS

Hot curry cooked with hot Indian spices.

VINDALOO

Cooked with potatoes in a hot thick sauce.

PATIA

Cooked with onions & fresh lemon juice in a special sweet & sour sauce.

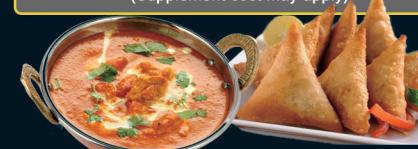
HOUSE SPECIALS

All main meals come with either Pilau Rice, Boiled Rice or Chips
Complimentary Poppadoms with all main courses.

All dishes available in:

Vegetable	£8.95
Tender Chicken	£9.95
Chicken Tikka	£10.50
Lamb	£10.95
King Prawn	£11.95
Monkfish	£12.50

(Supplement cost may apply)



DANSAK

Cooked with lentils & pineapple in a sweet & sour sauce.

HOT JALFREZI

Cooked with onions, mixed peppers & fresh coriander in a hot savoury sauce.

CREAMY JALFREZI

Cooked with tomatoes, spring onions, green peppers in a rich creamy sauce.

BALTI

Highly spiced with chopped green peppers onion, green chillies & coriander.

TIKKA SAAG

Cooked with spinach in specially selected herbs & spices to form an almost dry sauce.

PASANDA

In a creamy sauce of almonds, coconut yoghurt & lemon juice.

VEGETARIAN

All main meals come with either Pilau Rice, Boiled Rice or Chips
Complimentary Poppadoms with all main courses

KARAH (CHICKEN OR LAMB) £10.50 / £10.95

Cooked with onions, green peppers tomatoes, in a rich creamy sauce with almonds & coconut.

PANJABI MASALA (CHICKEN OR LAMB) £10.50 / £10.95

Cooked with onions and peppers creamy sauce with almonds & coconut.

CHICKEN TIKKA CHILLI MASALA £10.50

Cooked with green chillies, onions, peppers & tomatoes in a hot thick sauce.

BUTTER CHICKEN £10.50

Traditional chicken tikka cooked in a rich tomato based creamy sauce.

KHURCHAN (CHICKEN OR LAMB) £10.50 / £10.95

Cooked with fresh garlic, ginger, onion, peppers, chillies, tomato & coriander.

RAZZALLA (CHICKEN OR LAMB) £10.50 / £10.95

Cooked with green peppers, coconut, cream & cashew nuts.

NAG PURI £10.95

Pieces of chicken & lamb tikka cooked with onions, green peppers, mushroom, green chilli and coriander.

CHICKEN TIKKA GARLIC CHILLI MASALA £10.50

Cooked with lentils & pineapple in a sweet & sour sauce.

KHAZANA £11.95

Chicken tikka, lamb & king prawn cooked with onions and peppers in a special blend of herbs and spices.

CHICKEN OR LAMB ACHARI £10.50/10.95

Lamb or chicken breast cooked with mustard seeds, cumin seeds, kaffir lime leaves, mixed pickle paste, yoghurt & green herbs.



HOUSE SPECIALS (CONTINUED)

All main meals come with either Pilau Rice, Boiled Rice or Chips. Complimentary Poppadoms with all main courses

CHICKEN OR LAMB METHI £10.50 / £10.95

Chicken or lamb cooked with selected spices & methi leaves.



CHICKEN JALJAL £10.00

Cooked with ginger, onions, green pepper, coriander & a dash of Worcestershire sauce.

RARA GOSHT £10.50

Tender pieces of lamb, & lamb mince cooked with ginger, garlic, green chillies & aromatic spices.

SPECIAL KORMA £12.95

Chicken & lamb with mild spices, blended with cream then laced with Baileys cream.

SPECIAL BALTI EXOTICA £11.95

Lamb, chicken tikka & prawns, mushrooms, onions green peppers and fresh coriander, cooked in a Balti sauce.

ALL ABOVE DISHES AVAILABLE IN:
CHICKEN - VEGETABLE - CHICKEN TIKKA - LAMB - KING PRAWN
(SUPPLEMENT COST MAY APPLY)

TANDOORI SPECIALS

TANDOORI CHICKEN £10.95

Chicken on the bone, cooked with exotic spices

SHEEK KEBABS £10.95

Finely minced lamb with a blend of herbs and spices, cooked on skewers in a Tandoori oven.

TANDOORI MIX MAIN £12.95

A combination of Tandoori chicken on the bone, chicken & lamb tikka cooked in the Tandoori oven

TANDOORI MONKFISH £13.95

Moist Monkfish marinated in light spices & cooked in the Tandoori oven.

LAMB TIKKA £10.95

Marinated cubes of lamb seasoned with five Indian herbs, barbequed in a Tandoori oven.

LAMB SHASHLIK £12.50

Marinated cubes of lamb seasoned with five Indian herbs barbequed in a Tandoori oven.

TANDOORI CHICKEN TIKKA £11.95

Chicken breast pieces marinated overnight & cooked in the Tandoori oven.

TANDOORI KING PRAWNS £14.95

King prawns marinated in herbs & light spices, cooked in the Tandoori oven.

TANDOORI CHICKEN SHASHLIK £11.50

Barbequed chicken with onions, tomatoes and green peppers, cooked in the Tandoori oven

PANEER SHASHLIK £9.95

Moist pieces of Indian cheese (Paneer) marinated with yoghurt and light spices. Cooked in the Tandoori oven. Served with oven roasted peppers & onions.



VEGETARIAN

All vegetarian main courses come with Pilau rice, boiled rice or chips.
Complimentary Poppadoms with all main courses.

TADKA DALL £5.50 / £8.95

Yellow lentils tempered with garlic.

MUTTER PANEER £5.50 / £8.95

Indian cheese & peas in a mild onion & tomato gravy.

KARAH PANEER £5.50 / £8.95

Indian cheese cooked with green peppers, onions & tomatoes in a rich creamy sauce.

BOMBAY POTATOES £5.50 / £8.95

VEGAN STARTERS

VEGAN ONION BHAGEE £4.25

Sliced onions gently spiced, deep fried in gram flour.  

VEGETABLE PAKORA £4.25

Selection of vegetables flavoured with herbs & spices dipped in a light lentil flour & fried crispy.  

VEGAN MAINS

All vegan main courses come with boiled rice or chips.
Complimentary Poppadoms with all main courses.

VEGAN MIXED VEG BHUNA £8.95

Cooked with a blend of spices, tomato, onions & fresh coriander.  

VEGAN MIXED VEG PATIA £8.95

Cooked with loads of onions, dash of lemon juice in a sweet & sour thick sauce.  

VEGAN TADKA DAL £8.95

Yellow lentils tempered with onion & garlic.  

VEGETABLE SAMOSA £4.25

Delicately spiced soft potatoes & mixed vegetables in a light crisp pastry.  

VEGAN CHANNA PURI £4.95

Chickpeas cooked with onion & tomatoes in a sweet & sour sauce on a soft puri bread.  

PANJAB INDIAN BREAD SELECTION



PLAIN NAAN £2.85  

CORIANDER NAAN £2.95 

Baked with fresh coriander leaves

SPICY NAAN £3.25  

GARLIC NAAN £2.75 

Baked with fresh homemade garlic puree

KEEMA NAAN £2.95 

Stuffed with exotically spiced minced leg of lamb

PESHWARI NAAN £3.25  

Sweet naan made with almond powder & coconut.

TANDOORI CHAPATI £3.25 

Large wholemeal wheat flour bread baked in a Tandoor oven.

CHEESE NAAN £3.25 

Fresh naan stuffed with cheddar cheese.

GARLIC CHEESE NAAN £3.25 

Garlic naan stuffed with cheddar cheese

GREEN CHILLI NAAN £3.25  

PANJAB NAAN £3.50  

Baked with cheese, garlic, coriander & chilli

PANJAB SUNDRIES

PILAU RICE £2.95 

BOILED RICE £2.75 

KEEMA RICE £3.25 

MUSHROOM PILAU RICE £3.25

ONION FRIED RICE £3.25 

VEGETABLE RICE £3.25 

FRIED RICE £3.25 

SPECIAL FRIED RICE £3.25  

CHIPS £2.95 

POPPADOMS £0.60 

DIPS £0.60 

SAUCES £4.95

MASALA - KORMA - CURRY - MADRAS   

KIDS MENU

CHICKEN NUGGETS & CHIPS £4.50

CHICKEN TIKKA MASALA RICE OR CHIPS £7.95

CHICKEN KORMA RICE OR CHIPS £7.95

CHICKEN CURRY RICE OR CHIPS £7.95

SAUSAGES & CHIPS £4.50

CHICKEN POKARA & CHIPS £4.95

SOFT DRINKS

CANS £1.25

BOTTLES (1.25L) £2.50

PANJAB INDIAN RESTAURANT

OPENING TIMES

SUNDAY - THURSDAY

4PM - 10PM

FRIDAY & SATURDAY

4PM - 10.30PM

Everything we cook is made fresh to order.
This may mean it will take a little longer at peak times.
Thanks for your patience.

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SPECIAL OCCASIONS

LARGE PARTY BOOKINGS AVAILABLE.



1ST FLOOR, 520 SAINTFIELD RD,
CARRYDUFF BELFAST BT8 8EU

WWW.PANJABCARRYDUFF.CO.UK

028 9081 3229

GUIDE TO FOOD ALLERGENS

1 Celery	8 Molluscs
2 Cereals Containing Glutens	9 Mustard
3 Crustaceans	10 Nuts
4 Eggs	11 Peanuts
5 Fish	12 Sesame Seeds
6 Lupin	13 Soya
7 Milk	14 Sulphate Dioxide

GUIDE TO CURRY STRENGTH



TAKEAWAY



No matter what your age...
There will always be a dish at
Panjab that you'll love!!

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